

The Need for Linking with Public Health

Xiyan Xu MD, MS

Influenza Branch

Division of Viral and Rickettsial Diseases

National Center for Infectious Diseases

Centers for Disease Control and Prevention



Newsweek

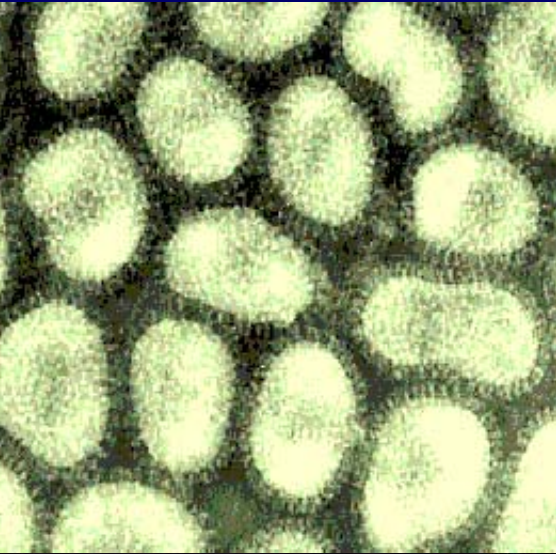
October 31, 2005 : \$3.95

The Bird Flu

The Race
To Prevent
A Global
Epidemic

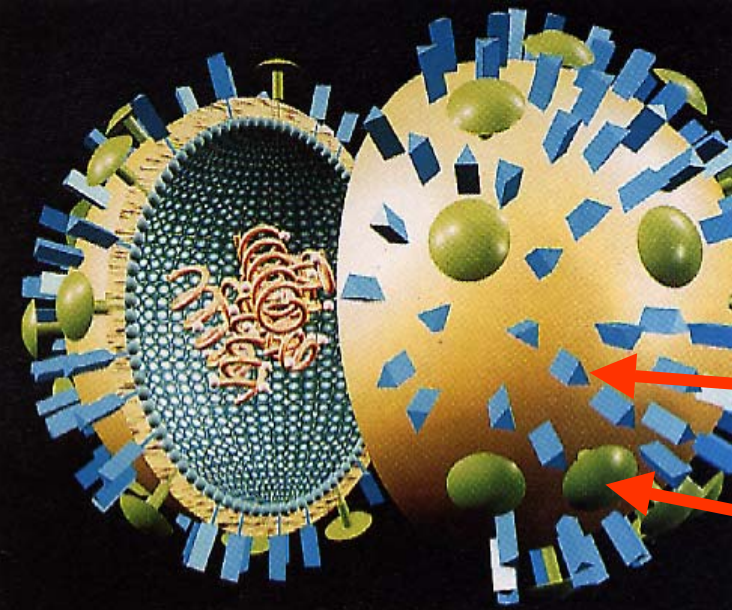


Key Influenza Viral Features



Surface proteins (major antigens)

- Hemagglutinin (HA)
 - Site of attachment to host cells
 - *Antibody to HA is protective*
- Neuraminidase (NA)
 - Helps release virions from cells
 - Antibody to NA can help modify disease severity



HA

NA

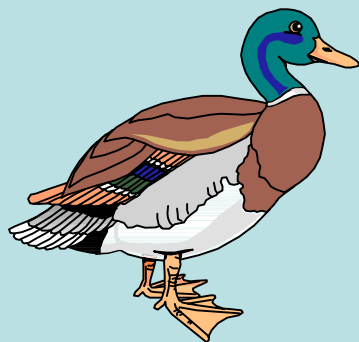
Natural Reservoir for New Human Influenza A Virus Subtypes: Waterfowl (Aquatic Ducks, Geese)

Avian Influenza

A viruses

H1 - H16

N1 - N9

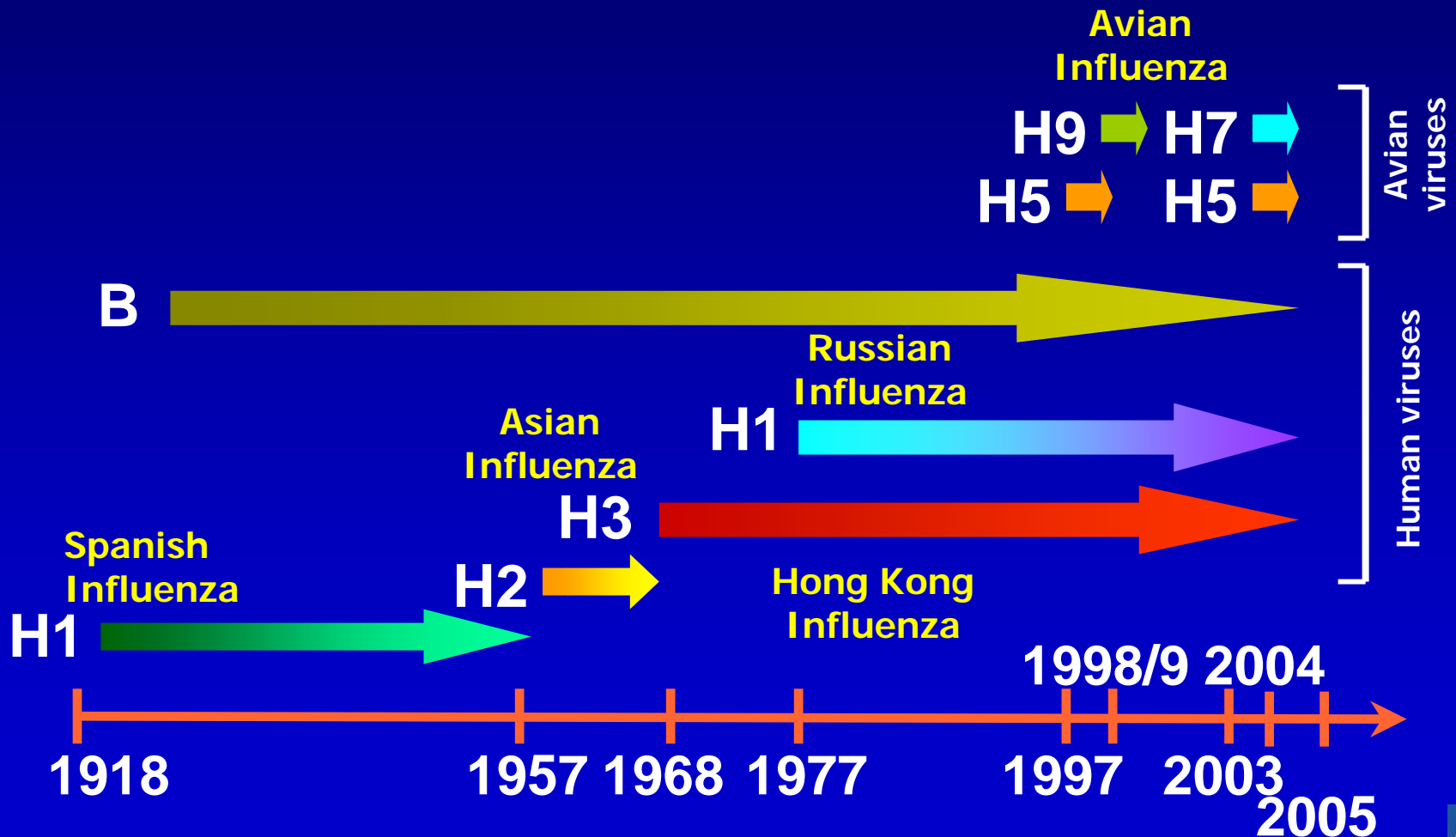


Human Influenza
A Viruses

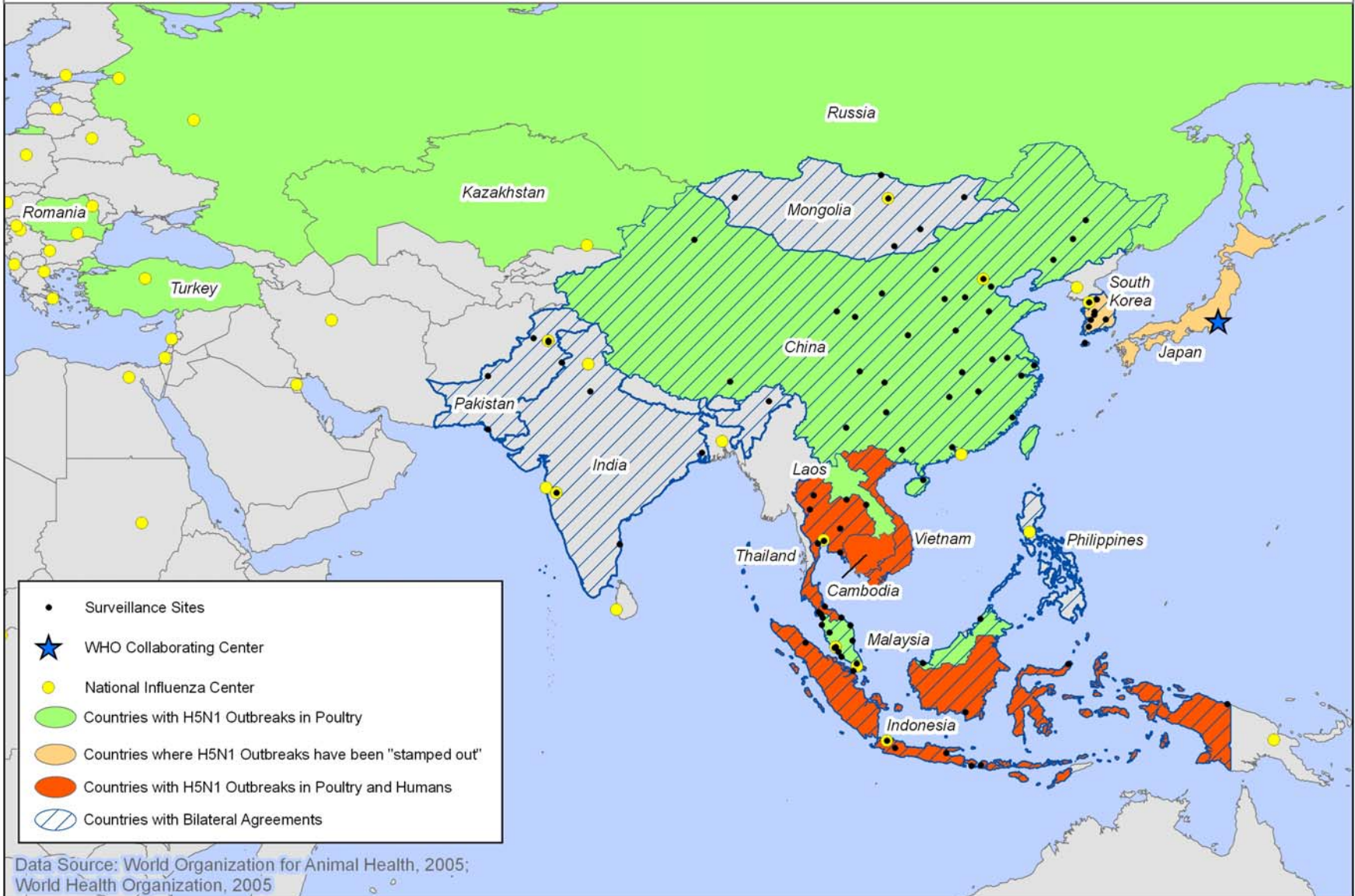
H1 - H3



Timeline of Emergence of Influenza Viruses in Humans



National Influenza Centers, WHO Collaborating Centers, Surveillance Sites, Nations with Bilateral Agreements, Avian Outbreaks, and Human Cases



Human H5N1 Cases, 2004-2005

Country	H5N1 Cases	Deaths	Case Fatality
Cambodia	4	4	100%
Indonesia	9	5	55.5%
Thailand	20	13	65%
Vietnam	92	42	45.6%
Total	125	62	51%



- Apparent high case fatality regardless of age
- Clinical symptoms similar to earlier cases, including lymphopenia
- Diarrhea prominent in some cases
- Third wave of infections in Dec. 2004-present
- Thai family cluster; probable H-to-H transmission

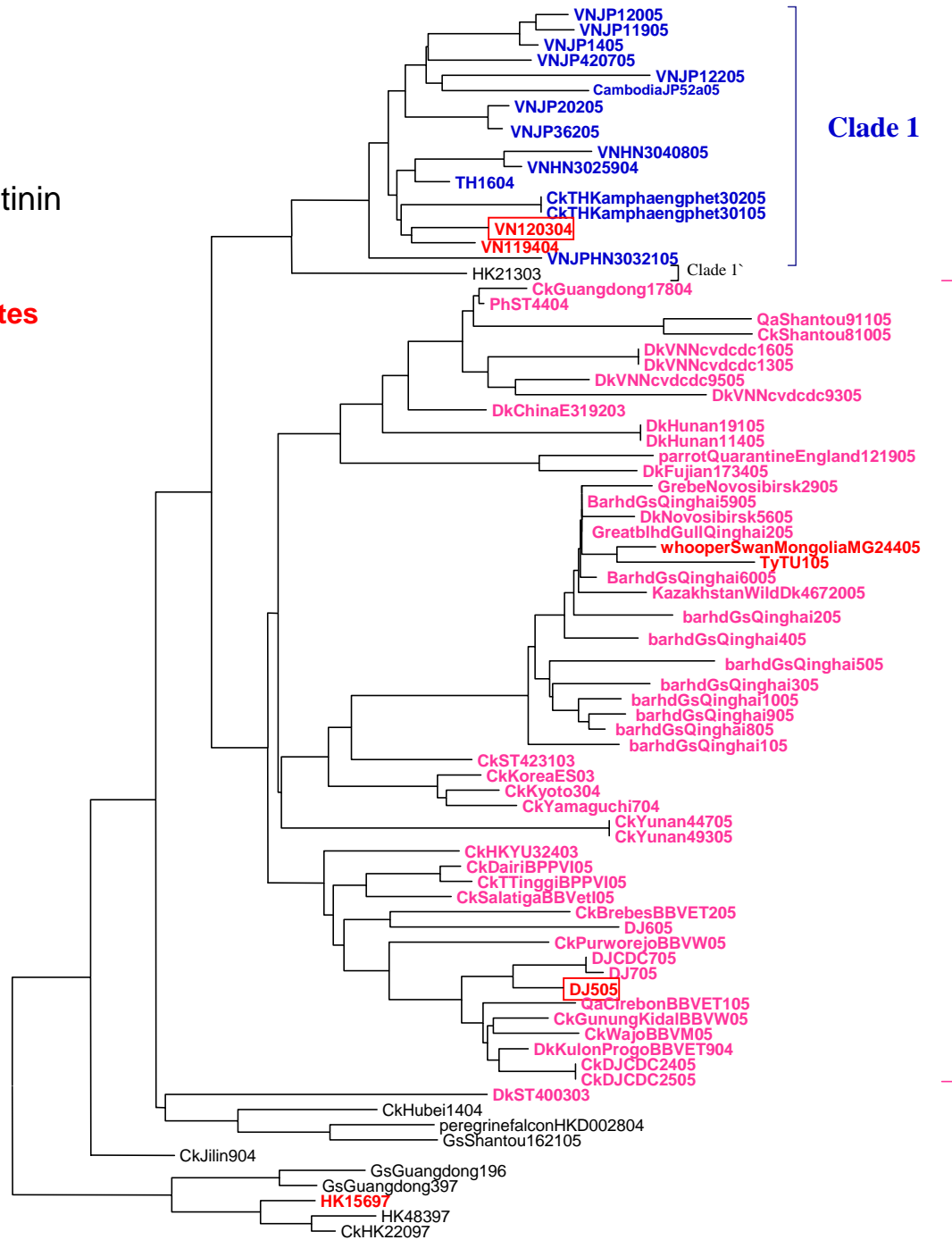
Human H5N1 cases, Asia 2003-05

- **Epidemiology (limited data)**
 - Median age: @20 years (range: 4 months - 81 years)
 - Male: 51%
 - Case fatality: 51%
 - Most cases: sporadic avian-to-human transmission
 - Previously healthy children, young adults in 2004
 - Direct contact with sick/dead poultry
 - Few cases: consumed uncooked duck blood
 - **Clustering of cases**
 - **Apparent increase in 2005**
 - **Limited person-to-person H5N1 has occurred**
 - ***No evidence of sustained person-to-person spread***

H5N1
Hemagglutinin

Vaccine
Candidates

0.005



Clade 1

Clade 2

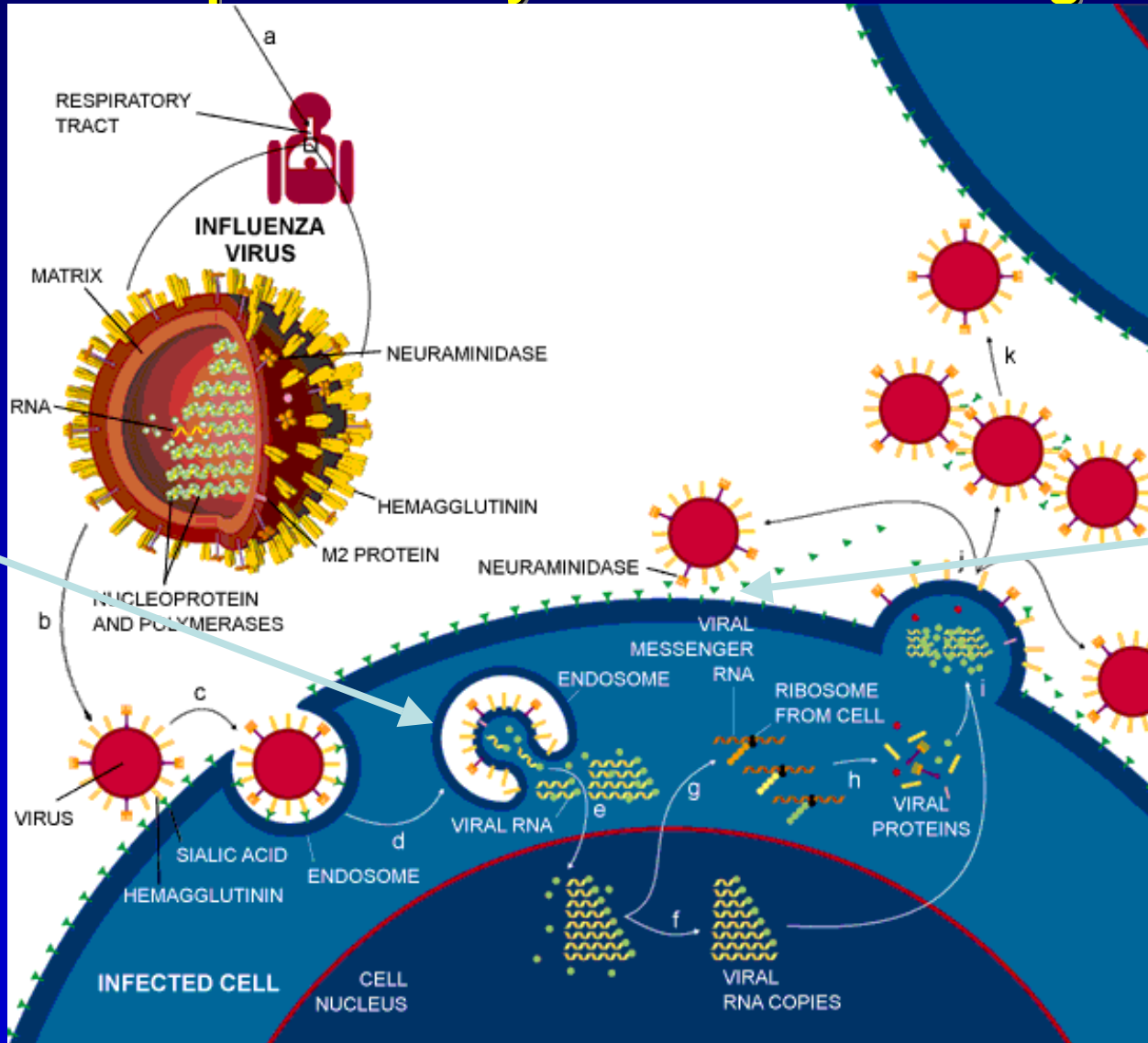
HEMAGGLUTINATION INHIBITION REACTIONS OF H5 INFLUENZA SPECIMENS

REFERENCE ANTISERA

REFERENCE ANTIGENS	Date collected	A	B	C	D	E	F
		HK/213	VN/1203	HN30408	DK/KP	QU/CIR	IND/5
1 A/HONG KONG/213/2003	2/13/2003	<u>5120</u>	320	640	1280	1280	320
2 A/VIETNAM/1203/2004	1/4/2004	10	<u>160</u>	320	80	10	20
3 A/VIETNAM/HN30408/05	UNKNOWN	10	160	<u>320</u>	80	10	10
4 A/DUCK KULON PROGO/BBVET/1X/04	UNKNOWN	20	20	20	<u>2560</u>	1280	640
5 A/QUAIL/CIREBON/BBVET/1/05	UNKNOWN	80	40	20	2560	<u>1280</u>	1280
6 A/INDONESIA/5/2005	7/8/2005	20	10	20	1280	640	<u>640</u>
TEST ANTIGENS							
1 ISOLATE 1	2/27/2005	10	80	160	80	10	10
2 ISOLATE 2		10	10	20	640	320	320
3 ISOLATE 3		40	10	20	1280	1280	1280
4 ISOLATE 4		40	10	10	2560	2560	1280

H5N1 Treatment

Replication Cycle & Antiviral Drugs



M2 blockers

NA inhibitors

M2 Protein Transmembrane Genotype: Adamantane Resistance

25 27 31 43
P L V V A A S I I G I L H L I L W I L.....

Vn/1203/04		N	Human	} Amantadine Resistant
Vn/1194/04		N		
Vn/3212/04		N		
Thai/16/04		N		
Thai/sp83/04		N		
DJ/7CDC/05	A	S		
Ck/Vn/NCVD11/03		N		
Ck/Laos/7192/04		N	Avian	
CK/DJ/24/2005	A	S		
Dk/VN/NCVD4/03		S	Avian	
Dk/Vn/NCVD9/03		S		
Dk/Vn/NCVD25/03		S		
Ck/S.Korea/ES/03		S		
Gs/VN/113/01		S		

H5N1 Human Vaccine Issues

- **No currently available human H5N1 vaccine**
- **Human clinical trials of an inactivated H5N1 vaccine in-progress in the U.S.**
 - **Phase I and II clinical trials (NIH sponsored)**
 - **3 sites (U. Rochester, U. Maryland, UCLA)**
 - **Participants: 450 healthy adults aged 18-64 years**
 - **Elderly and children to be enrolled later**
- **Other countries planning adjuvanted vaccines**
- **Vietnam developed an inactivated H5N1 vaccine**
 - **Animal trials in-progress**
 - **Human clinical trials planned**

The need for linking with public health

Work closely with animal health authorities

- . Reduce risk of exposure to infected poultry/animals

- .Active surveillance for H5N1 viruses in poultry and humans

Human

MOH



Regional



Local



Animal

MOA



Regional



Local

The need for linking with public health

- **Surveillance for severe respiratory illness**
- **Actively investigate cases, especially clusters**
 - Assess potential for person-to-person transmission
 - Identify possible poultry exposures
 - Surveillance of known contacts
- **Isolate cases**
 - Antiviral treatment (oseltamivir) for cases, supportive care
 - Collect respiratory specimens for H5N1 testing (RT-PCR)
- **Protect HCWers:**
 - PPE, antiviral chemoprophylaxis, human influenza vaccine
- **Protect AWers:**
 - Reduce risk of exposure to infected poultry/animals
 - Active surveillance for H5N1 viruses in poultry
 - Depopulation of infected poultry (using PPE)
 - Environmental decontamination
 - Poultry vaccination to reduce viral burden in poultry

Conclusions

- **Avian influenza viruses pose a major risk to global public health**
- **Early detection H-2-H transmission is essential**
- **2003/05 Asian H5N1 viruses are heterogeneous in antigenicity, AV susceptibility and pathogenicity**
- **Need for ongoing vaccine development, antiviral stockpiling and pandemic preparedness**
- **Surveillance in animals is critical**
- **Information and specimen exchange between human and veterinary health authorities essential**
- **Research agenda needed to enhance our understanding of the genesis of pandemics**



H5N1 Treatment

- **Supportive care**
- **Broad-spectrum antibiotics to cover secondary bacterial infections**
- **Antiviral therapy: Most H5N1 viruses are resistant to amantadine and rimantadine**
- **Most H5N1 viruses are sensitive to oseltamivir and zanamivir: one H5N1 virus was resistant to oseltamivir**
- **Role of corticosteroids is controversial**